#### Attendance:

Kathy Gaskin – (Healthy Adams County)

Tammy Hoff – (Gettysburg College CPS & Campus Kitchen)

Yeimi Gagliardi – (Wellspan Community Health)

Sarah Weigle – (GIS Specialist, AC Office of Planning and Development)

Cheryl Moyer – (Grant writer at SCCAP)

Ryan Prater – (Community Engagement Associate CPFB)

Jennifer Eckerson – (Adams County Housing Authority)

Molly Bryan – (Gleaning Coordinator with SCCAP)

Hyacinth Gayle – (Patient Care at Family First Health)

Susan Cole – (Dentist & works with several non-profits)

#### Minutes:

The minutes were forwarded at the start of the meeting and will be approved in July.

### **Committee Reports:**

- Website/ Dashboard Committee Jay (Update from Kathy)
  - Will be meeting soon.
- Policy Committee Ryan
  - Met yesterday, discussed information presented on several slides, highlighting the Farm Bill and the White House Conference on Hunger, Nutrition, and Health.
  - The Farm Bill (expiring in 2023) authorizes programs, like SNAP, and other nutrition and anti-hunger programs. Beginning to talk about changes to SNAP.
    - Would like to host an event with Congressman John Joyce in conjunction with the Gleaning Coordinator and Adams County Farmers Market to talk about the Farm Bill.
  - The second ever White House Conference on Hunger, Nutrition, and Health will be held in September (first was in 1969).
    - Not many details yet.
    - Feeding America will be starting an effort to gather input from people facing food insecurity to provide to the conference. The plan is for: 100 listening sessions, 10,000 questionnaires, and 100,000 text surveys.
      - The Policy Committee will assist locally and talked about creating a
        database of names for the text survey. The text survey will be 3
        questions, expected to be sent the end of July August 15.
      - The online questionnaire will be 5 questions.
      - The listening sessions will consist of 4-10 individuals with lived experience and last @60 minutes each. There will be pre-written questions and the individuals should be compensated.
      - The Food Bank is developing their plan, to be shared as widely as possible.
      - Unsure of the total cost, have received a grant from Feeding America.
    - Conference Bi-Weekly Stakeholder Check-In Registration Link

- Local Food Guide Tammy
  - No updates.
- Outreach Yeimi
  - Lots of ideas at their meeting.
  - Would like to articulate outcomes after the pandemic in the Gettysburg Times
     Companion Magazine by featuring the Food Policy Council. Look into what resulted in the community and calls received during the pandemic.
    - For example, the relationship of the backpack program and the network and connections it takes to meet the increasing need.
  - Elevate the issue of food insecurity and look into featuring the Author of the book, How the Other Half Eats, as a speaker locally.
- Food Programs Kathy
  - As a follow-up to Yeimi, a small steering committee has been working on a book discussion of *How the Other Half Eats*.
    - A few copies of the book are available to read on loan.
    - This committee is reaching out to the Author, Priya Fielding-Singh, to come to the region in the Fall of 2023. Will need to figure out cost, locations, etc.
  - Yeimi has been working with Mikel Grim (UASD) on the issues with free and reduced lunch. Talking about targeted outreach, especially in the fall, to Latino families where English is not their primarily language. Will update on a monthly basis on how it's going.
  - Trying to get info about the Farmers Market and food programs out to the community.
     Flyers will be sent to families in the backpack program about SNAP and WIC, hope that more families will shop at the market.
  - Fruit & Veggie Buck Surveys show results and research on progress. There have been studies on voucher programs that show improvement in health-related outcomes. Our surveys aren't targeted to health, but feedback commenting on improved health and lower A1C has been received locally.
    - Most fill out the pre-survey when they sign-up. There is not a great rate of return on the post-surveys.
    - Thinking of a text-based survey program, looking into the best options for pre/ post surveys to show outcomes.
  - o The Programs committee won't be meeting in June, but will meet in July.
  - Healthy Options Kathy, Reza, and Grace met about the program. About 60-70% of voucher recipients are Spanish speaking and there are many others in the food gap, those that can't receive assistance, but use food money for bills. Discussed other things they can take part in, in addition to the vouchers?

# Member Updates:

- Tammy:
  - o For Grace voucher distribution last week, will follow-up this week.
  - The Center for Public Service's Summer Fellowship is Food Access and Immigration and will travel to Tucson, AZ and the border. When they return to Adams County, they will be working with Painted Turtle Farm, SCAAP, delivering food boxes to camps, etc.
     Tammy will share the FPC meeting links in the summer, if any of the fellows would like to attend.

## • Kathy (for Reza):

○ Senior Day at the Market will be June 11 from 8 am − 1 pm. There will be activities like veggie bingo and other agencies will be set-up. Great opportunity to get in front of this audience.

### • Questions from Susan Cole:

- O What are the stats on food insecurity in Adams County?
  - Kathy replied that the best place for these statistics is the <u>Food Policy Council</u> <u>Website</u>. The dashboard contains a lot of indicators, which have been put together into Fact Sheets. The FPC video is also hosted on the site and provides a history of food policy work in the County. The Website/ Dashboard committee will be updating the stats this year.
  - Yeimi noted that @43% of children qualify for free/ reduced lunches in Adams County, which is a surprising fact.
- As a whole, what is the biggest problem faced in Adams County, a problem which prevents you from moving forward on a major issue?
  - Kathy answered that getting the message out to families and communication between social service agencies and the public can be a challenge.
  - Yeimi added that it can be difficult to navigate the services to help walk people through. Someone may not be aware, if they haven't gone through it. The technology the for-profit world uses isn't available. You have to be creative to get the word out.
  - Kathy noted that making programs easier to sign-up for has been helpful.
- o Could a central hub be a benefit?
  - Dealing with state programs can be challenging, but Wellspan Community Health may be looking at a new program.
  - Hyacinth added that there can be a stigma surrounding food insecurity, especially with seniors who can't get out of the culture they grew up in. She gave an example of a gentleman who was referred to the Hanover Council of Churches, but did not want to take part because he was the same age as the people serving. There is more of a sigma in Adams County, in that some feel shame asking for and accepting help. This seems different from what is seen in York County.
- o How have programs helped?
  - Thanks to the programs, people have access to food, especially in emergency situations. But ultimately, it is the person's choice to access the service and be comfortable asking for help. Some people stepped out of their comfort zone during the pandemic, but have recoiled.

### Kathy:

- o Community Health Needs Assessment released today.
  - Community Health Improvement Plan identifies priority areas of development for the County, food is a top priority, along with housing, mental health, and access to care as determinants of health.

- Hyacinth asked if there is a date for the Adams County Strategic Planning Retreat and will be taking Eric's spot.
- o Food distribution over the summer for kids?
  - The Soup Kitchen.
  - Yeimi contacted GASD and they are not doing the program over the summer, they provided the text-based service they are using to refer families to food programs:
    - 914-342-7744 and the Hunger Hotline 866-348-6479
- Yeimi:
  - o Kiwanis blueberry sale is going on through the end of the month. They come from NJ.

Meeting ended: 9:47 am

Next Meeting: July 6, 2022 @ 8:30 am