

Hyacinth, Kathy Gaskin, Kathy Glahn, Terra Adams, Etta Saltos, Bicky Redman, Subarna Sijapati, Amy Dailey, Kim Davidson

Approve:

September Minutes – Please send in accomplishments for the website.

Monthly Presentation:

Elizabeth Mulewich – FINI Fruit and Veggie Bucks Post Program Survey Results. See attached.

Discussion items:

- 1) Partnership for Better Health in Carlisle – Regional Food System Exploration
Feedback from Amy and Kathy Gaskin who attended the meeting
 - They are in the early stages of thinking about start in a FPC in Carlisle, so they are gathering info and starting to build.
 - They had lots of good stakeholders around the table
 - Amy and Kathy presented about ACFPC work and they asked a lot of questions and thought highly of our work.
 - It's a good place for us to have a presence to liaison and coordinate regionally.
 - They are looking to do a panel on food and poverty in February. More info to come.

- 2) Funding for FINI and HO
 - a. HO – we've had 100+ families this year due to employee giving campaign, but we may need to go back to 75. We hope to get enough funding from Hospital Foundation for 75
 - i. Other places to look – United Way, Campus Kitchen, Hospital Foundation Children's grant, Community Aid
 - ii. Collect more stories of benefits for people:
Here is one testimony:
"For me the market programs have fed my spirit as well as my body. I was at one point part of the SNAP program and WIC, after loosing those benefits I got a referral to the FMNP program. When financial troubles first hit me, I cut back on everything. I cut out all pleasurable but unnecessary things like cable and internet, vacations, and eating out. Then I cut costs on the necessities as well. One is left with little that resembles what we think of as an American life, and over time the stresses began to weigh me down. The simple pleasure of shopping at the market and talking to the farmer and other familiar faces became the highlight of my weeks. Being able to shop at the market, where I can enrich the local economy by getting fresh produce for my family, allows me to feel that my difficulties don't keep me from contributing.

For me, purchasing local food is not only superior in nutrition and flavor but a matter of morals. I don't think that it is just that poverty often prevents people from doing what they think is right. Our society would benefit greatly if personal finances were not an impediment to environmental action. I can support local farmers, people I know, and shop at those with the most sustainable farming practices and in that way do my small part. Access to healthy food should not be a

luxury, and the FMNP program and healthy Options has helped me keep healthy food on our dinner plates. I also think that the cooking/preserving classes [through Healthy Options] are a great idea, because a great deal of people were never taught how to cook and fewer still taught anything of preserving the bounty of summer.

b. FINI – Applied for Cliff Bar grant

3) November 15, 6:30-8:00 at HACC (need childcare room) – ACFPC Forum

Goal: Using [Open Space](#) technique, forum attendees will join the Adams County Food Policy Council to envision a future for healthy food access initiatives and policies in Adams County.

Proposed Outline of Forum:

6:30-6:50: Overview of FPC History, Goals and Successes, 2 Stories

6:50-6:55: Explain Open Space technique and state theme: *What are the issues and opportunities related to increasing food access, for which you have real passion and will take genuine responsibility?*

6:55-7:00: Participants identify any issue or opportunity related to the theme, writing 7-10 words on a sticky note.

7:00-7:15: Participants announce the topic to the room and put it up on an empty wall. As others announce, they can place their idea in a similar or different category. Once categories are determined, people will break out along those themes.

7:15-7:50: Groups convene to discuss issues and opportunities. One person is a note-taker.

7:50-8:00: Closing Circle (comment, reflection, opportunities for involvement)

Potential attendees to reach out to – who will do what?

| | |
|---|---|
| HO Leaders and participants (Bridget) | General public via newspaper, press release |
| Fruit and Veg Bucks participants (Beth) | Borough Office (K. Glahn) |
| Circles (Kim) | Poster (Kim) |
| Gleaners (Bridget) | Ruth's Harvest (Betsy Wargo) |
| Farmers/YGA (Bicky) | WIC (Terra) |
| Students/faculty (Amy) | Food Pantry (Kim - Lisa) |
| Commissioners (Bicky) | ACOFA (Kim) |
| Kennie's, Giant, Weis (Kathy) | Painted Turtle Farm (Kim) |
| Hospital staff (Kathy) | Family First Health (Hyacinth) |
| Distributors (Kathy) | Govern Reps (Kathy) |
| Food Services staff at institutions (Kathy) | Library (Kathy) |
| Harvest Hub (Kathy) | Regional Partners (Kim) |
| ACFMA board, vendors, shoppers (Subarna) | Arts Council (Kathy) |
| | United Way (Bicky) |

Materials to prepare/bring to forum – other items?

FPC Case Statement

Welcome Packet

Food Guides

Article about Sandra – HO

Poster for the Forum

Program Updates:

Healthy Options:

- Distribution – Nov 1 (Gettysburg), Nov 3 (Biglerville), Jan 3 (Gettysburg) Jan 5 (Biglerville)
- Only 7 didn't sign back up (95 families)
- Will take referrals off the waitlist
- Will contact anyone who hasn't used much so they can at the end of the season

FINI:

- Beth will:
 - Create a info sheet/rack card and registration sheet
 - Mail 2018 info and registration to all current people and give them to Terra, Hyacinth, Subarna
 - Kim will send last year's documents to Beth to update

Member Organization updates:

1) Adams County Farmers Market Association:

| Outreach | | Year to Date |
|---|--------------------|---------------------|
| Snap-EBT Red Token Sales | \$923.00 | \$1,705.00 |
| Double Dollars For Snap | \$829.00 | \$1,630.00 |
| Debit | \$1,544.50 | \$5,281.00 |
| Healthy Options Vouchers | \$14,850.00 | \$17,525.00 |
| FMNP/WIC Voucher Matching | \$3,744.00 | \$5,920.00 |
| WellSpan Healthy Market Bucks | \$167.00 | \$376.00 |
| Adams County Employee Wellness Bucks | \$6,925.00 | \$12,715.00 |
| Goody Giveaway & Gift Certificate | \$305.00 | \$220.00 |
| Kid's Market Day Event Tokens | \$756.00 | \$460.85 |
| Total Vendor Sales Generated From Outreach | \$30,043.50 | \$45,832.85 |

2) Guest Worker Program

Bicky raised the issue of labor shortage and support for the Guest Worker program. More at <https://judiciary.house.gov/wp-content/uploads/2017/10/Ag-Act.pdf>

3) The Gleaning Project

Attached: Empty Bowls posters (8.5x11 and 11x17); World Hunger Week Poster

Please RSVP to all gleaning events: thegleaningproject@gmail.com or 717-334-7634x162

- Wednesday October 4, 4pm-6pm, Apple Glean, Adams County Nursery, 26 Nursery Rd. Aspers
- Thursday October 5, 5pm-6:30pm, Raspberry Glean, Yellow Hill Farm, 670 Yellow Hill Rd. Biglerville
- Wednesday October 11, 4pm-6pm, Apple Glean, Peters Orchard, 10540 Carlisle Pike, Gardners

- Saturday October 14, 2pm-4pm, Apple Glean, Adams County Nursery, 26 Nursery Rd. Aspers
- Monday October 16, 6pm-7:30pm, Apple Sauce Making Party, Adams County Arts Council, 125 S. Washington St. Gettysburg
- Tuesday October 17, 6pm-7:30pm, Apple Sauce Canning Class, Campus Kitchens @ SCCAP, 153 N. Stratton St. Gettysburg *for lower income individuals
- Wednesday October 18, 9:30am-11:30am, Apple Glean, Adams County Nursery, 26 Nursery Rd. Aspers
- Thursday October 19, 4pm-6pm, Fall Empty Bowls, Adams County Farmers Market, Rabbit Transit Center, 103 Carlisle St. Gettysburg
- Tuesday October 24, 9am-10:30am, Apple Glean, Peters Orchard, 10540 Carlisle Pike, Gardners