

## OUR Community Needs YOUR Support

Donate funds, food or your time to support emergency food initiatives.

Contact the ACFPC for details regarding monetary donations:

adamsfoodpolicy@gmail.com  
717-337-6490



### Advocate for Change

Develop farm to institution projects at your school or business.

Volunteer to redistribute food, educate or support food access.

Shop locally at farmers' markets and farm stands.

Purchase a CSA share to support small-scale farms in Adams County.

Plant your own vegetable or herb garden to share, donate or enjoy.

Become a member of the Adams County Food Policy Council.

### Adams County Working Together for Change

Adams County Farmer's Market Association  
Adams County Office for the Aging  
Adams County Planning and Development  
Capital Area RC&D  
Casa de la Cultura  
Gettysburg College

Lincoln Intermediate Unit # 12  
Penn State Agricultural Extension  
South Central Community Action Programs, Inc.  
South Central PA Buy Fresh, Buy Local  
United Way of Adams County  
WellSpan Health, Gettysburg



In the interest of health & sustainability, the Adams County Food Policy Council,  
an affiliate of Healthy Adams County, promotes the integration  
of the **individual**, the **community**, the **economy** and the **environment**.

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## The Crisis

### Limited access to nutritious food

A family of 4, making less than \$38,160 annually, qualifies for SNAP (formerly known as food stamps)—More than 30% of Adams County households qualify for SNAP and over 5,000 students in the Adams County school district are eligible for free/reduced lunches at school.

### Our system is broken

The 'living wage' for Adams County has been estimated to be about \$53,000 leaving a 'gap' of almost \$15,000 between when families qualify for federal aid and when they are self-sufficient. 10% of households and 25% of all senior citizens and families with children are in this gap.



### Residents face health concerns

A 2012 Community assessment found 97% of county adults do not eat enough fruits and vegetables and that 74% of adults are overweight or obese. Food insecure households are often at a greater risk for these health issues, due to lack of access to nutritious and affordable food.



## Our Solution

ACFPC works to increase access to food, strengthen the local economy and improve community health. We provide information and foster partnerships to educate the community about food system issues, while also influencing policy so that change can be implemented.

## Our Accomplishments

### Promotion of Community Education & Awareness

- Sponsored, planned and/or created more than 30 research publications, presentations, community forums, conferences, film screenings, workshops and photography exhibits
- Circulated 6,000 Local Foods Resource Guides annually to highlight local products, farms and emergency food services
- Transformed plots of land into community gardens and training centers for beginning and Latino farmers

### Increased Access to Local, Nutritious & Affordable Food

- Enabled a larger portion of the community to shop at the Adams County Farm Fresh Markets through the acceptance of different types of currency: SNAP & Double Dollars, Debit Cards, *Healthy Options* vouchers, and Market Bucks
- Established voucher programs to help families in the food gap access fresh fruits and vegetables, while offering healthy lifestyle activities
- Recovered over 132,000 lbs. of food for redistribution in the community through various food recollection programs since 2007
- Increased the nutritional value of donated food to emergency services

### Development of Shared Resources and Regional Connections

- Advocated for the establishment of a regional food hub to connect local agricultural producers and regional school districts for distribution of fresh food
- Collaborated with regional food alliances for discussions and action planning

*ACFPC has a bold vision: All residents of Adams County will have access to a safe, nutritious, affordable and adequate food supply within a sustainable food system which promotes the local economy.*