

Adams County Food Policy Council Minutes

January 3, 2012

Kim Davidson, Vickie Corbett, Kathy Glahn, Nancy Forgang, Kathy Gaskin, Rayna Cooper, Audrey Hess, Gretchen Natter

Reflection on Pittsburgh FPC Symposium

- Purpose was to energize work of Pittsburgh FPC
- Learned a lot from [Cleveland – Cuyahoga County Food Policy Coalition](#) – talk focused on [policy work](#)/working with public officials
- Also heard from the [Toronto Youth Food Policy Council](#), associated with the Toronto Food Policy Council – Open Space technique utilized at each meeting. Focused on young people ages 18-30 – a forum to hear and document voices. How might we tap into local youth – reach out to Ag Educators group.

Hoffman Grant for ACFMA Community Outreach projects: Kathy Gaskin

Requesting funds for Double Dollars, Fair Share, as well as a stipend for Audrey, who will be coordinating Fair Share through her practicum this summer.

Audrey's Practicum: Working with Fair Share Project, as a focal point

Audrey will be doing her Practicum work for her Masters in Public Health in Nutrition with the ACFPC. Attached are her ideas for what she can contribute. Please review so we can give Audrey input before she needs to finalize it very soon.

- See notes Audrey sent: 200 hours to complete
- Recruit families through Circles (new families), Jorge/Migrant Ed, Manos Unidas, Jaimie Gagliardi/Hospital, SCCAP, Meals and More (new idea)
- Education piece: rethinking. Instead of one specific day, perhaps be stationed there at every market – providing more hours available for education component. Or home visits? Or other places they frequent? Personal consultations? Jump rope competitions for kids? Meals and More? Web-based module?
- Developing a pre- and post-survey to track changes over time.
- Formalize a sub-committee to advise project
- Continue 11-15 consistent families from 2011? Group agreed that if families still eligible, then yes.
- Also include other FPC administrative work.
- Meeting with Kathy Gaskin on Friday to finalize some of the details for the proposal.
- Betsy and Rayna perhaps also available to do some hours at the markets to increase educational components

AmeriCorps*VISTA member application for FPC: Kim

Application is in progress and due on Monday, January 9th.

Discussion of logic model and specific job responsibilities for the VISTA member.

- \$4800 cost share. Seeking Wellspan Community Partnership Grant for half of that cost. Checking with other sources (United Way, additional Fair Share fundraising proceeds, College)
- Other resource needed is housing, if anyone has connections/ideas
- Goals and activities for the position
 - Build infrastructure and capacity of the FPC
 - Activities: grant writing, fundraising, building and implementing a food system assessment model, marketing, commissioners on food position, building whose at table (government, business), regional connections, food summit, managing website, writing articles
 - Food access for low-income families
 - SNAP program at ACFMA: promotion, liaison with families,
 - County-wide coordination of food sources (modeled after Project Share in Cumberland County)
 - Cooking demo coordination at various food access sites
 - Fair Share Project
 - Investigate and implement “corner store” model for rural communities (Mexican stores, convenience stores, etc.) Fresh Food Financing Initiative?
 - **The DCKK Healthy Corners:** DC Central Kitchen has launched an affordable wholesale delivery service for fresh produce and healthy, tasty snack items. In conjunction with the District of Columbia’s Department of

Small and Local Business and DC Hunger Solutions, DCKK will be bringing nutritious options to corner stores and other small retailers located in Wards 5, 7, and 8. In addition to offering these partner businesses new products for sale, DCKK will provide them with nutrition education, marketing support, and technical assistance. This pilot initiative will also allow DCKK to purchase fruits and vegetables from local farmers and employ graduates of our Culinary Job Training program. [Read more](#) and [watch the inspirational video!](#)

- Promote institutional buying
- Local Foods Guide – update and database development
- Food Summit
- Advisory council of Circles families and LIU families, in addition to FPC

Foursquare Church

They are interested in working with local farms for fresh foods. They have asked for names of farms!

- Propose a CSA model that the church would buy CSA's on behalf of families so that they provide fresh produce: Boyers, Elizabeth Weller, Martha from Five Points Farm, Kay or Ellie Hollabaugh, Jayne Shord

Capital RC&D Area Council

Capital RC&D is looking for a new Member-at-Large appointment from Adams County to replace Katie Ellis. They would like someone specifically from the FPC. Kathy Gaskin agreed to be the representative.

Announcements/Updates:

- Hopefully at the February meeting, Lisa Martin can present her research assessing the 2011 pilot of the Fair Share Project.
- FPC has July article for newspaper (Healthy Adams County column)
- Wednesday ACFMA market at Rec Park seems successful, especially fruit and produce – may need to adjust hours to accommodate client feedback. Could also be true for Friday and Saturday markets
- Kathy Gaskin – going up to Carlisle to meet with Heidi Witmer, who wants to start an FPC in Cumberland County, also share info about Project Share.
- Kathy Gaskin joining a learning community for farm to institution for mid-Atlantic region through Community Food Security Council (4 webinars and 4 conference calls)
- Mark Winne speaking at PA Nutrition Education Network conference in late April in Harrisburg Area. Information about the conference is at <http://www.panen.org/annual-conference>
- New people to invite to FPC meetings? Flo Ford (Gettysburg borough manager – need someone to contact). Tracy Lee (hospital – Kathy Gaskin please contact?). School district person (Kathy Gaskin please contact)? Marty Qually. Barb Underwood? Representative of COG (municipality representation)? Kathy Ciolino (Kim will contact) Betsy Lauer (Boyers, Kim will contact). Tara Baugher able to come regularly? Gretchen will follow up
- Soup Kitchen moving! Open in new place on Thursday – former St. Francis Xavier rectory on High Street.
- Food and Wellness volunteer (based on Master Gardeners model of training and volunteer hours) – training in February and March. Brochure attached. Rayna coordinating, part of a state program. Could work to focus on children's health and childhood obesity if awarded a grant (including advisory committee, vegetable supper club). Details provided by Rayna in follow-up email:
 - Penn State Extension has an exciting new program designed to provide people with a little background knowledge and some basic certification training in Food, Nutrition and Wellness. It is similar to the Master Gardener Program, in design. It should be exciting for people to get in on the ground floor of this new program. After receiving training, they will be able to do food demonstrations, provide assistance with nutrition programs and continue to help with Extension programs by giving back 40 hours in the year following their certification. I am hoping you might be able to distribute this information with the attached brochure to any people or lists who you think might be interested. See the brochure for more information, and thanks for spreading the word! We will need to have applications by January 23rd, so time is short!
- The Food Systems Planning and Healthy Communities Lab at the University at Buffalo and Healthy Kids, Healthy Communities of Buffalo compiled a helpful document, **Innovation Local Government Plans and Policies to Build Healthy Food Systems in the US**. Here is the link:
<https://docs.google.com/open?id=0B9cs3YKPOneROGUyNmI2ZDItZjEzNC00ZTUwLTkxNzAtMzQ1MTRiMjIxOGNk>.